



# Main Street 5K Festival AND BUSINESS EXPO

To Benefit:



Presented by Non-profit Main Street Events & Title Sponsors



## Saturday, April 24, 2010

115 Sparta Ave. Sparta, NJ

**8:30 AM-12:30 PM** -ACTIVITIES, 5K, PRIZES, SILENT AUCTION, FOOD, AWARDS & BUSINESS EXPO

◆9:30 AM – 5K◆ Run or Walk 5YRS. – 80+

TROPHIES FOR TOP 3 OVERALL MALE & FEMALE 5K PARTICIPANTS

**Over 60 Individual Medals and Prizes for Largest & Fastest 5K Teams**

To ensure being included on a team – team applications must be received by April 19th

Teams must be a group of 5 or more runners and/or walkers

*5K Runner/Walkers receive T-shirt & Great Goody Bag while supplies last*

**5K FEE: \$20 EARLY REGISTRATION (if received by March 31<sup>st</sup>)**

**\$25 REGISTRATION (if received by April 22<sup>nd</sup>)**

**\$30 Night Before or RACE DAY REGISTRATION (April 23<sup>rd</sup> & 24<sup>th</sup>)**

2010 USATF-NJ ATHLETES save \$2 only if received by April 15<sup>TH</sup>

**ATM located next door at Lakeland Bank for cash access**

**\*Runners/Walkers: Plan to Stay: food, activities, awards, lots of prizes. Grand Prize: 12:15**



**No pets allowed in the buildings.**

**Only sneakers or flat shoes are allowed in the Fieldhouse**

**FRIDAY April 24th Packet Pick-up & Pasta Party 6–9 PM at Sparta United Methodist Church**  
**Pasta Party FREE with 5K registration \$5 per non-registered guest Pasta donated by Villa Capri II**

For directions & course map go to: [www.MainStreetEvents.org](http://www.MainStreetEvents.org) or call 973 726-6218

Chip Timing by Compuscore  Online registration [raceforum.com/MainSt5K](http://raceforum.com/MainSt5K) Shirt size S M L XL

5K: Age on Race Day \_\_\_\_\_ Birth date \_\_\_/\_\_\_/\_\_\_ Male \_\_\_ Female \_\_\_ Bib # \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

2010 USATF-NJ# \_\_\_\_\_ Grand Prix Scoring only Est. Finish Time \_\_\_\_\_

Occupation \_\_\_\_\_

Company/Business Name \_\_\_\_\_

Team \_\_\_\_\_ Team Captain \_\_\_\_\_

5K Run/Walk \$ \_\_\_\_\_  
Paying Pasta Guests \$ \_\_\_\_\_  
TOTAL Enclosed \$ \_\_\_\_\_



I will be raising pledges for Scleroderma [www.scleroderma.org/MainStreet5K](http://www.scleroderma.org/MainStreet5K) I will not be raising pledges

**Friday Night Packet Pickup & Pasta Party free with 5K registration (\$5 for each non-registered guest)**

**Free pasta dinners (5K registered or expo table) Paying pasta dinners (\$5 each)**

**\*\*\* Total Number of Pasta Party attendees (Include FREE & PAYING GUESTS) Put 0 if not attending.**

ENCLOSED PAYMENT: Cash \_\_\_\_\_ Check \_\_\_\_\_ Check # \_\_\_\_\_

In Consideration of your acceptance in the Main Street 5k Festival and Business Expo, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administration, waive and release any and all rights and claims for damages, and hold harmless, any sponsoring organization (Main Street Events, Sparta Township, Sussex County, Faith Baptist Church, Sparta United Methodist Church, active.com and co-sponsors, their representatives, successors, agents, servants or employees, and assignees for any and all injuries suffered by me in said run. I recognize that I must be in good health and of sufficient training and experience in order to participate, and state furthermore, that my ability to participate in and successfully compete in this event has been attested to by a qualified physician or certified fitness consultant. I hereby grant permission to Main Street Events to use photos that may include myself for promotion and publicity; and understand that if the Run cannot be held due to an act of God or circumstances beyond control, the Race is not liable to refund any money paid by me to participate. With my signature, I acknowledge that I have read and accept these terms under which my entry is made.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Checks payable to: Main Street Events  
#210 270 Sparta Ave. Suite 104  
Sparta, NJ 07871**

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Parent or guardian if under 18)

**Info: Faye 973-726-6218 [amelange@tellurian.com](mailto:amelange@tellurian.com) Andy 973-222-8748**